UROLOGY CENTER
OF ENGLEWOOD
a division of New Jersey Urology

300 Grand Ave, Suite 202   663 Palisades Avenue, Suite 304
Englewood, NJ 07631   Cliffside Park, NJ 07010
201.816.1900   201.313.1933
Fax 201.816.1777   Fax 201.313.9599

Prostate Biopsy Instructions

Your doctor has scheduled you for a prostate biopsy on _____.

You must follow these instructions in order to have your biopsy.

- Your doctor may send you for blood and/or urine tests. These must be done at least 5 days prior to your biopsy. If you have a urine infection, we will need to postpone your biopsy.

- If sedation is going to be used, you must not have anything to eat or drink after midnight on the night prior to your biopsy. You must also arrange for transportation as you cannot drive after anesthesia.

- **Please let your doctor know if you have a history of easy bleeding or a bleeding disorder.**

- **Please let your doctor know if you are on a blood thinner, such as Aspirin, Ecotrin, Aggrenox, Advil, Pletal, Plavix, Coumadin/Warfarin, Lovenox, Xarelto or Pradaxa because these medications must be stopped prior to the procedure at least seven days prior to your biopsy.**

Pre-Procedure Medications (take the following checked medications as directed):

☐ Cipro _____ mg. Instructions: _____

☐ Levaquin _____ mg. Instructions: _____

☐ Cefzil _____ mg. Instructions: _____

☐ Fleet's Enema: use one enema on the morning of your procedure

☐ Other:_____   _____

After your biopsy:

- You may have blood in your urine and/or stool for up to five days following biopsy. Your semen may be discolored with blood for up to one month after a biopsy. Avoid any strenuous exercise, physical activities or straining during bowel movements for at least 5 hours after the biopsy to prevent bleeding.

- You should make a follow-up appointment to review the results of your biopsy in 10-14 days.

- Contact your doctor immediately if you experience any of the following symptoms: heavy bleeding, trouble urinating, fever greater than 101 degrees, chills, confusion, disorientation, agitation severe abdominal pain or any other unusual reaction.